**LORA A. SPORNY**

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**EDUCATION** Teachers College, Columbia University, New York, NY

**Doctor of Education**, Nutrition Education, 1992

Teachers College, Columbia University, New York, NY

**Master of Education**, Community Nutrition Education, 1988

New York University, New York, NY

**Master of Arts**, Science and Environmental Journalism, 1987

University of Pittsburgh, Pittsburgh, PA

**Bachelor of Science**, Clinical Nutrition and Dietetics, 1985

**PROFESSIONAL** **Registered Dietitian-Nutritionist** conferred in the fall of 1985 by the American Dietetic

**ACCREDITATION** Association (Academy of Nutrition and Dietetics)

**EXPERIENCE**

September 1992 **TEACHERS COLLEGE, COLUMBIA UNIVERSITY**, New York, NY

through Present Graduate Department of Health Studies & Applied Educational Psychology,

Program in Nutrition

**Full-time Senior Lecturer in Nutrition and Education** (2021-present)

Full-time Lecturer in Nutrition and Education (2009-2020)

Adjunct Assistant Professor and then Adjunct Associate Professor (1992-2008)

* Instruction each year of the graduate courses *Introduction to Nutrition*, *Nutrition and Human Development,* and *Nutrition Care Process & Medical Nutrition Therapy I and II*.
* Daily prospective student advisement, including 2 to 3-hour Zoom conference-style information sessions hosted twice monthly.
* Prior instruction of the graduate courses *Survey of Nutrition* and *Community Nutrition*. Prior co-instruction of a graduate course *Strategies for Nutrition Education*, which included student placement in various sites in New York City and evaluation of student teaching at these sites. Prior Faculty advisement and supervision for *Extended Fieldwork in Nutrition and Public Health, Extended Fieldwork in Nutrition Education,* and *Extended Fieldwork in Nutrition and Exercise Physiology*. The role of supervisor included assisting students in locating internship placements and guiding students toward career goals.

June 2021 **Columbia University School of Nursing**,New York, NY

through present OPEN Program

**Assistant Professor of Clinical Nursing**

* Instruction of a 10-week course *Introduction to Human Nutrition* each fall, spring, and summer semester.

January 1993 **UNIVERSITY OF CONNECTICUT** at Stamford, Stamford, CT

through present Department of Nutritional Sciences

**Adjunct Instructor**

* Instruction each year of an undergraduate course *Fundamentals of Nutrition*.
* Instruction each year of an undergraduate course *Nutrition and Human Development*.

2007 & 2011 **ALMA** (Adult Literacy Media Alliance) of Education Development Center, Inc.

New York, NY

**Consultant/Editor**

* Content editing of education curricula, including lessons on Nutrition Facts Labels, calorie counting, carbohydrate counting, healthful and unhealthful fats, and weight management.
* Content design and editing of episodes of *TV411 Cook Smart*, a public television and Web-based video series that combines the preparation of nutritious meals with math and science concepts.
* Content design and editing of six episodes of *TV411 What’s Cooking?*, a Web-based video series that combines preparation of nutritious meals with math and science concepts.

March, 2008; **THE HEBREW UNIVERSITY OF JERUSALEM**, Israel

March, 2006; Graduate Department of Nutritional Sciences

& October, 2004

through Feb, 2005 **Instructor**

* Instruction of a graduate course *Nutrition and Aging*. Taught once as a semester-long course, once as a 5-week course, and once as a 3-week course.

March, 2007 **REYKJAVIK UNIVERSITY**, Reykjavik, Iceland

Department of Public Health Education

**Instructor**

* Instruction of an intensive 2-week graduate course that included dietary prevention and management of common degenerative diseases of aging adults.

September, 1987 **NEW YORK UNIVERSITY**, New York, NY

through 2005 Graduate School of Journalism, Science and Environmental Reporting Program

**Adjunct Instructor**

* Instruction of a lecture series *Nutrition, Health and Media* within a course titled *Science Survey*.

October, 2004 **TEL-HAI ACADEMIC COLLEGE**, Israel

through Feb, 2005 Department of Nutritional Sciences

**Instructor**

* Instruction of an undergraduate course *Nutrition and Aging*.

November, 1999 **CAPSTONE PRESS PUBLISHERS**, Minnetonka, MN

through Oct, 2000

**Consultant/Editor**

Content editing of the following four nutrition books for high school students: Healthy Eating by Susan R. Gregson, ©2000; Healthy Eating for Weight Management by Mary Turck, ©2001; Healthy Snack and Fast-Food Choices by Mary Turck, ©2001; Food and Emotions by Mary Turck, ©2001.

August, 1998 **HUNTER COLLEGE of the CITY UNIVERSITY OF NEW YORK**, New York, NY

through Dec, 1998 School of Health Sciences, Department of Urban Public Health

**Consultant**

Development of a 35-week, 1,456-hour curriculum for a Dietetic Internship

Program specializing in community nutrition, clinical nutrition, and food service

management. The curriculum consisted of didactic and supervised practice activities in

six sites, including the New York City Department of Health, Montefiore WIC

Program, Momentum AIDS Project, Health Insurance Plan of Greater New York,

Coler-Goldwater Memorial Hospital, and Hunter College.

January, 1998 **SCHOOL BOARD OF SARASOTA COUNTY**, FLORIDA, Sarasota, FL

through Aug., 1998 Department of Nutrition and Food Service

**Consultant**

Complete development of a 39-week, 1,576-hour Dietetic Internship Program

specializing in foodservice systems management, nutrition therapy, and community

nutrition. Development of the DI Program included writing and submitting a 230-page

Self-Study Report to The American Dietetic Association for DI Program accreditation. The Self-Study Report included components such as a student handbook; program brochure; 39-week curriculum consisting of didactic and supervised practice activities in eight sites, including hospitals, school districts, health department, heart center, and food bank on the west coast of Florida; evaluation instruments; and proposed implementation and management plan for the DI Program.

January, 1997 **SARASOTA MEMORIAL HOSPITAL**, Sarasota, FL

through Mar., 1997 Department of Food and Nutrition Services

**Consulting Dietitian**

* Individual nutrition counseling with outpatients, covering full spectrum of disease conditions.
* Development of a nutrition and diabetes curriculum for the *Diabetes Treatment*

*Services*.

* Weekly 3-hour lectures to groups of patients newly diagnosed with type 1, type 2, and gestational diabetes.
* Clinical conferences with the diabetes treatment staff.

June, 1995 **THE READER'S DIGEST ASSOCIATION**, INC., Pleasantville, NY

through Jan., 1996

**Nutrition Consultant/Speaker**

* Design and conduct seminars for employees on a variety of topics, including:

\*Comparing Apples with Pears: Carbohydrates and Fats in Weight Reduction

and Maintenance.

\*Cancer: Cutting the Risk with Diet.

\*Nutrition and Exercise: A Winning Combination for Physical Fitness and

Disease Prevention.

\*Cutting Fat and Calories Out of the Holidays.

September, 1988 **HUNTER COLLEGE of the CITY UNIVERSITY OF NEW YORK**, New York, NY

through Aug., 1994 School of Health Sciences, Nutrition and Food Science Program

**Assistant Professor** (Substitute line) -- 1990/1991 and 1993/1994

**Adjunct Instructor** -- 1988/1989, 1991/1992 and 1992/1993

* Instruction of the following undergraduate courses:

*Nutrition I* (introduction to nutrition), five semesters of instruction.

*Advanced Nutrition*, three semesters of instruction.

*Nutrition and Human Development*, two semesters of instruction.

*Diet Therapy I* (nutrition in clinical practice), three semesters of instruction.

* Instruction of the following graduate courses:

*Clinical Nutrition*, four semesters of instruction.

*Nutrition Assessment*, two semesters of instruction.

*Nutrition and Disease*, four semesters of instruction.

*Developmental Nutrition*, one semester of instruction.

*Problem Seminar* (current topics in nutrition), one semester of instruction.

Course instruction included all aspects of preparation, instruction and

evaluation.

June, 1990 **METROPOLITAN NEW YORK COORDINATING COUNCIL ON JEWISH**

through Aug, 1990 **POVERTY**

Home Attendant Training Program, New York, NY

**Instructor**

* Instruction of nutrition and its implications in caring for homebound elderly individuals.

April, 1989 **THE STAMFORD HOSPITAL**, Stamford, CT

through Sept., 1990

**Nutrition Consultant**

* Instruction of nutrition to high-risk weight loss patients.
* Assessment and evaluation of patients' nutritional statuses.
* Individual nutrition counseling with patients.

April, 1989 **CENTER FOR NUTRITION AND REHABILITATION**, P.C., Norwalk, CT

through Oct., 1989

**Nutritionist**

* Assessment and evaluation of clients' nutritional statuses.
* Individual nutrition counseling with clients.
* Development of education materials and nutrition lectures.
* Instruction of various nutrition lectures to client groups.
* Policy making through weekly clinical conferences of CNR physicians, nutritionists, behavioral educators, and nurses.

September, 1988 **COLUMBIA UNIVERSITY HEALTH SERVICE**, New York, NY

through Jan, 1989 Columbia University

**Nutritionist**

* Assessment and evaluation of the nutritional statuses of faculty, students, and staff of Columbia University.
* Individual nutrition counseling.

September, 1987 **ST. JOSEPH'S COLLEGE**, Brooklyn, NY

through Dec, 1988 Division of General Studies

**Instructor**

* Instruction of an undergraduate course *Community Health*. Three semesters of instruction.

**PROFESSIONAL** Research article *Stages of Change in Dietary Fat Reduction: Social*

**ACTIVITIES &** *Psychological Correlates*, published in the Journal of Nutrition Education,

**PUBLICATIONS** 27:191-199, 1995.

The Society of Behavioral Medicine. Research poster presentation titled *Stages of*

*Dietary Change with Respect to Fat Intake: Psychosocial and Behavioral Correlates*. 13th Annual Scientific Session, March 25-28, 1992.

The Society for Nutrition Education. Research oral presentation titled *Stages of Dietary Change with Respect to Fat Intake: Behavioral and Process-Related Correlates*. 1992 Annual Conference, July 14-18.