

CHINARA M. TATE PhD, RD

PROFESSIONAL EXPERIENCE

Addiction Institute at Mount Sinai (AIMS)

Grants and Contracts Manager

New York, NY

Feb. 2019 – present

Manage the full grant life cycle of a diverse portfolio of research projects across the Institute — from design, application, start-up, implementation, to close-out. Portfolio includes investigator-initiated and sponsored drug clinical studies as well as NIH sponsored clinical studies. In addition, contribute to AIMS research program planning and development with strategic partners.

Teachers College, Columbia University

Adjunct Assistant Professor

New York, NY

Jun. 2017 - present

Provide instruction aimed at increasing student competency in research methods relevant to nutrition science and dietetic practice. At the end of the course, students are expected to: 1) critically appraise nutrition research, 2) effectively communicate research findings with other health professionals, peers, prospective clients, and other stakeholders, and 3) develop skills requisite to research protocol development and grant writing.

HealHaus

Behavioral Nutrition Consultant and Lead Dietitian

New York, NY

Jan. 2019 - present

Apply evidence-based clinical practice toward tailored nutrition programs for HealHaus clients and corporate wellness partners.

BetterUp

Nutrition Consultant and Dietitian

New York, NY

Nov. 2018 - present

Engage with users and the digital health product development team toward extending their current behavioral health platform to include nutrition specific services including nutrition coaching and ML/AI driven intervention.

Mount Sinai St. Luke's/Icahn School of Medicine

Postdoctoral Research Fellow

New York, NY

Dec. 2016 – Jan 2019

Led team in research design, development and submission to grant sponsors. Developed IRB protocols, data safety monitoring plans and compliance records from study start to close-out. Engaged corporate partners and stakeholders regarding their involvement in laboratory research projects. Developed team nutrition and product expertise for ongoing research projects. Composed, drafted and submitted research articles for peer-reviewed journal publication. Assisted in hiring, management and performance appraisal of junior laboratory staff.

EDUCATION

Columbia University, Graduate School of Arts and Sciences, *Doctor of Philosophy*

October 2016

Dissertation: Examining the effect of a high quality dietary intervention on cognitive function in early adolescence.

Teachers College, Columbia University, *Master of Science in Neuroscience & Education*

May 2015

Teachers College, Columbia University, *Dietetic Internship*

May 2013

Teachers College, Columbia University, *Master of Science in Nutrition & Public Health*

May 2012

University of North Carolina – Chapel Hill, *Medical Degree (not conferred, voluntary withdrawal)*

Aug. 2005 – Dec. 2007

Wesleyan University, Middletown, CT, *Bachelor of Arts*

May 2002

Major: Neuroscience and Behavior

PUBLICATIONS

Tate, C. M., & Geliebter, A. (2018). Intra-gastric balloon treatment for obesity: FDA safety updates. *Advances in therapy*, 35(1), 1-4.

Tate, C. M., & Geliebter, A. (2017). Intra-gastric Balloon Treatment for Obesity: Review of Recent Studies. *Advances in Therapy*, 1-17.

Psaila, B., Bussel, J. B., Frelinger, A. L., Babula, B., Linden, M. D., Li, Y., ... & Michelson, A. D. (2011). Differences in platelet function in patients with acute myeloid leukemia and myelodysplasia compared to equally thrombocytopenic patients with immune thrombocytopenia. *Journal of thrombosis and haemostasis*, 9(11), 2302-2310.